

The Together Centre Charity provides meaningful support services for local Families and Communities within a thriving Community Hub, and our ambition is to support and encourage empowering positive outcomes whilst demonstrating inclusive and equal participation. 2020 and 2021 has been challenging for us all. The ongoing crisis has brought fear, hardship, and sorrow for many. Here at The Together Centre, we have been working hard to deliver our services in new ways to continue to support our Friends at a time when it is needed most.

Throughout January we are delivering new and exciting Workshops and Events – Can we help you or would you or someone you know, like to take part?

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	4 th	5 th	6 th	7 th	8 th	9 th
	10.00 - 11.00	10.00 - 12.00	10.00 - 11.00	10.00 - 11.00	10.00 - 12.00	4.30 - 5.15
	Winter Walks and	Gardening	Sing-along to	Kurling and	Children's	Children's
	Hot Chocolate.	Wellbeing	Gentle Exercise	Boccia Sport	Minibeast	Hula Hoop
	FREE	Activities.	and Dancing.	Activities.	Wellbeing	Class.
		FREE	£3.00	£3.00	Session	£5.00
	10.00 - 11.00				FREE	
	Baby Messy Play.	10.00 - 11.00	11.00 - 12.00	11.00 - 12.00		
	£3.00	Intergenerational	Winter Crafts	Two Course		
		Allotment	with a Two	Warming		
	10.00 - 11.00	Activity	Course	Lunch Home		
	Intergenerational	Workshop for	Warming	Delivery		
	Cooking	Young Children	Lunch.	FREE		
	Workshop for	and Adults.	FREE			
	Young Children	FREE		2.00 - 3.00		
	and Adults.		7.00 - 8.00	Mediation and		
	FREE	12.00 - 2.00	Sweaty Mamas	Relaxation		
		Talking Teacups	Bootcamp	Therapy.		
	7.00 - 8.00	Bingo with a Two	Session.	£3.00		
	Ladies Boxing.	Course Warming				
	£5.00	Lunch.		4.30 - 6.30		
		FREE		Together Tribe		
				Youth Club.		
				£4.00		
10 th	11 th	12 th	13 th	14 th	15 th	16 th
10.00 - 11.00	10.00 - 11.00	10.00 - 12.00	10.00 - 11.00	10.00 - 11.00	10.00 - 12.00	4.30 - 5.15
Sing-along to	Winter Walks and	Gardening	Sing-along to	Kurling and	Children's	Children's
Gentle Exercise	Hot Chocolate.	Wellbeing	Gentle Exercise	Boccia Sport	Minibeast	Hula Hoop
and Dancing.	FREE	Activities.	and Dancing.	Activities.	Wellbeing	Class.
£3.00		FREE	£3.00	£3.00	Session	£5.00
	10.00 - 11.00				FREE	
4.30 - 6.30	Baby Messy Play.	10.00 - 11.00	11.00 - 12.00	11.00 - 12.00		
Children's	£3.00	Intergenerational	Winter Crafts	Two Course		
Forest Friends	40.00 41.00	Allotment	with a Two	Warming		
Activity	10.00 - 11.00	Activity	Course	Lunch Home		
Workshop	Intergenerational	Workshop for	Warming	Delivery		
£4.00	Cooking		Lunch.	FREE		

17 th 10.00 – 11.00 Sing-along to Gentle Exercise and Dancing. £3.00	Workshop for Young Children and Adults. FREE 7.00 – 8.00 Ladies Boxing. £5.00 18 th 10.00 – 11.00 Winter Walks and Hot Chocolate. FREE 10.00 – 11.00	Young Children and Adults. FREE 12.00 – 2.00 Talking Teacups Bingo with a Two Course Warming Lunch. FREE 19 th 10.00 – 12.00 Gardening Wellbeing Activities. FREE	FREE 7.00 – 8.00 Sweaty Mamas Bootcamp Session. 20 th 10.00 – 11.00 Sing-along to Gentle Exercise and Dancing. £3.00	2.00 - 3.00 Mediation and Relaxation Therapy. £3.00 4.30 - 6.30 Together Tribe Youth Club. £4.00 21^{st} 10.00 - 11.00 Kurling and Boccia Sport Activities. £3.00	22 nd 10.00 – 12.00 Children's Minibeast Wellbeing Session FREE	23 rd 4.30 – 5.15 Children's Hula Hoop Class. £5.00
4.30 – 6.30 Children's Forest Friends Activity Workshop £4.00	10.00 – 11.00 Baby Messy Play. £3.00 10.00 – 11.00 Intergenerational Cooking Workshop for Young Children and Adults. FREE 7.00 – 8.00 Ladies Boxing. £5.00	10.00 – 11.00 Intergenerational Allotment Activity Workshop for Young Children and Adults. FREE 12.00 – 2.00 Talking Teacups Bingo with a Two Course Warming Lunch. FREE	11.00 – 12.00 Winter Crafts with a Two Course Warming Lunch. FREE 7.00 – 8.00 Sweaty Mamas Bootcamp Session.	11.00 – 12.00 Two Course Warming Lunch Home Delivery FREE 2.00 – 3.00 Mediation and Relaxation Therapy. £3.00 4.30 – 6.30 Together Tribe Youth Club. £4.00	2.00 – 5.00pm Northern Soul and Motown Afternoon with a Pie Lunch and Bingo. £12.50	
24 th 10.00 – 11.00 Sing-along to Gentle Exercise and Dancing. £3.00 4.30 – 6.30 Children's Forest Friends Activity Workshop £4.00	25 th 10.00 – 11.00 Winter Walks and Hot Chocolate. FREE 10.00 – 11.00 Baby Messy Play. £3.00 10.00 – 11.00 Intergenerational Cooking Workshop for Young Children and Adults. FREE 7.00 – 8.00 Ladies Boxing. £5.00	26 th 9.00 – 3.00 NHS Community Health Check Drop-in FREE 10.00 – 11.00 Intergenerational Allotment Activity Workshop for Young Children and Adults. FREE 12.00 – 2.00 Talking Teacups Bingo with a Two Course Warming Lunch. FREE	27 th 10.00 – 11.00 Sing-along to Gentle Exercise and Dancing. £3.00 11.00 – 12.00 Winter Crafts with a Two Course Warming Lunch. FREE 7.00 – 8.00 Sweaty Mamas Bootcamp Session.	28^{th} 10.00 - 11.00 Kurling and Boccia Sport Activities. £3.00 11.00 - 12.00 Two Course Warming Lunch Home Delivery FREE 2.00 - 3.00 Mediation and Relaxation Therapy. £3.00 4.30 - 6.30 Together Tribe Youth Club. £4.00	29 th 10.00 – 12.00 Children's Minibeast Wellbeing Session FREE	30 th 9.30 - 11.30 Craft Market / Tabletop Sale. FREE (£5.00 for Stall Holders) 4.30 - 5.15 Children's Hula Hoop Class. £5.00

We are now also very excited for the doors to be open to our 'Together Cafe' right in the heart of Dukinfield, welcoming you with deliciously home cooked food containing fresh ingredients from our very own Together Allotments. You can enjoy our special dish of the day or if you fancy that little something lighter - A Jacket, Deli Sandwich, or Fresh Salad! Just ask and we can accommodate to your dietary needs. It's been a difficult 18 months however the menu is outstanding, and our food hall looks just beautiful - Open from 9.30 - 1.00pm!

If you or someone you know would like to find out more about any of our Workshops/Events or to book your place, please contact us on telephone number 0161 366 1987 or by email to <u>Leanne.bold@thetogethercentre.org.uk</u>.

Booking is required, and Together Centre Members receive a 15% Discount - Annual Membership is £10.00 per year. Please contact Leanne to begin your Membership.

You can find us on Facebook: @TheTogetherCentre or via our webpage: www.thetogethercentre.org.uk

Are you looking for the perfect Venue to hold you Party, Celebration or Community Event? Hire our new refurbished hall and/or additional Rooms - £15.00 P/H

The Together Centre, 287 Birch Lane, Dukinfield SK16 5AU



Charity Number – 1173335