

The Together Centre's January Schedule

The Together Centre Charity provides meaningful support services for local Families and Communities within a thriving Community Hub, and our ambition is to support and encourage empowering positive outcomes whilst demonstrating inclusive and equal participation. 2020 and 2021 has been challenging for us all. The ongoing crisis has brought fear, hardship, and sorrow for many. Here at The Together Centre, we have been working hard to deliver our services in new ways to continue to support our Friends at a time when it is needed most.

Throughout January we are delivering new and exciting Workshops and Events – Can we help you or would you or someone you know, like to take part?

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|--|---|--|---|---|
| | 4 th 10.00 – 11.00 Winter Walks and Hot Chocolate. FREE 10.00 – 11.00 Baby Messy Play. £3.00 10.00 – 11.00 Intergenerational Cooking Workshop for Young Children and Adults. FREE 7.00 – 8.00 Ladies Boxing. £5.00 | 5 th 10.00 – 12.00 Gardening Wellbeing Activities. FREE 10.00 – 11.00 Intergenerational Allotment Activity Workshop for Young Children and Adults. FREE 12.00 – 2.00 Talking Teacups Bingo with a Two Course Warming Lunch. FREE | 6 th 10.00 – 11.00 Sing-along to Gentle Exercise and Dancing. £3.00 11.00 – 12.00 Winter Crafts with a Two Course Warming Lunch. FREE 7.00 – 8.00 Sweaty Mamas Bootcamp Session. | 7 th 10.00 – 11.00 Kurling and Boccia Sport Activities. £3.00 11.00 – 12.00 Two Course Warming Lunch Home Delivery FREE 2.00 – 3.00 Mediation and Relaxation Therapy. £3.00 4.30 – 6.30 Together Tribe Youth Club. £4.00 | 8 th 10.00 – 12.00 Children's Minibeast Wellbeing Session FREE | 9 th 4.30 – 5.15 Children's Hula Hoop Class. £5.00 |
| 10 th 10.00 – 11.00 Sing-along to Gentle Exercise and Dancing. £3.00 4.30 – 6.30 Children's Forest Friends Activity Workshop £4.00 | 11 th 10.00 – 11.00 Winter Walks and Hot Chocolate. FREE 10.00 – 11.00 Baby Messy Play. £3.00 10.00 – 11.00 Intergenerational Cooking | 12 th 10.00 – 12.00 Gardening Wellbeing Activities. FREE 10.00 – 11.00 Intergenerational Allotment Activity Workshop for | 13 th 10.00 – 11.00 Sing-along to Gentle Exercise and Dancing. £3.00 11.00 – 12.00 Winter Crafts with a Two Course Warming Lunch. | 14 th 10.00 – 11.00 Kurling and Boccia Sport Activities. £3.00 11.00 – 12.00 Two Course Warming Lunch Home Delivery FREE | 15 th 10.00 – 12.00 Children's Minibeast Wellbeing Session FREE | 16 th 4.30 – 5.15 Children's Hula Hoop Class. £5.00 |

| | | | | | | |
|---|--|---|---|---|---|---|
| | <p>Workshop for Young Children and Adults. FREE</p> <p>7.00 – 8.00 Ladies Boxing. £5.00</p> | <p>Young Children and Adults. FREE</p> <p>12.00 – 2.00 Talking Teacups Bingo with a Two Course Warming Lunch. FREE</p> | <p>FREE</p> <p>7.00 – 8.00 Sweaty Mamas Bootcamp Session.</p> | <p>2.00 – 3.00 Mediation and Relaxation Therapy. £3.00</p> <p>4.30 – 6.30 Together Tribe Youth Club. £4.00</p> | | |
| <p>17th</p> <p>10.00 – 11.00 Sing-along to Gentle Exercise and Dancing. £3.00</p> <p>4.30 – 6.30 Children's Forest Friends Activity Workshop £4.00</p> | <p>18th</p> <p>10.00 – 11.00 Winter Walks and Hot Chocolate. FREE</p> <p>10.00 – 11.00 Baby Messy Play. £3.00</p> <p>10.00 – 11.00 Intergenerational Cooking Workshop for Young Children and Adults. FREE</p> <p>7.00 – 8.00 Ladies Boxing. £5.00</p> | <p>19th</p> <p>10.00 – 12.00 Gardening Wellbeing Activities. FREE</p> <p>10.00 – 11.00 Intergenerational Allotment Activity Workshop for Young Children and Adults. FREE</p> <p>12.00 – 2.00 Talking Teacups Bingo with a Two Course Warming Lunch. FREE</p> | <p>20th</p> <p>10.00 – 11.00 Sing-along to Gentle Exercise and Dancing. £3.00</p> <p>11.00 – 12.00 Winter Crafts with a Two Course Warming Lunch. FREE</p> <p>7.00 – 8.00 Sweaty Mamas Bootcamp Session.</p> | <p>21st</p> <p>10.00 – 11.00 Kurling and Boccia Sport Activities. £3.00</p> <p>11.00 – 12.00 Two Course Warming Lunch Home Delivery FREE</p> <p>2.00 – 3.00 Mediation and Relaxation Therapy. £3.00</p> <p>4.30 – 6.30 Together Tribe Youth Club. £4.00</p> | <p>22nd</p> <p>10.00 – 12.00 Children's Minibeast Wellbeing Session FREE</p> <p>2.00 – 5.00pm Northern Soul and Motown Afternoon with a Pie Lunch and Bingo. £12.50</p> | <p>23rd</p> <p>4.30 – 5.15 Children's Hula Hoop Class. £5.00</p> |
| <p>24th</p> <p>10.00 – 11.00 Sing-along to Gentle Exercise and Dancing. £3.00</p> <p>4.30 – 6.30 Children's Forest Friends Activity Workshop £4.00</p> | <p>25th</p> <p>10.00 – 11.00 Winter Walks and Hot Chocolate. FREE</p> <p>10.00 – 11.00 Baby Messy Play. £3.00</p> <p>10.00 – 11.00 Intergenerational Cooking Workshop for Young Children and Adults. FREE</p> <p>7.00 – 8.00 Ladies Boxing. £5.00</p> | <p>26th</p> <p>9.00 – 3.00 NHS Community Health Check Drop-in FREE</p> <p>10.00 – 11.00 Intergenerational Allotment Activity Workshop for Young Children and Adults. FREE</p> <p>12.00 – 2.00 Talking Teacups Bingo with a Two Course Warming Lunch. FREE</p> | <p>27th</p> <p>10.00 – 11.00 Sing-along to Gentle Exercise and Dancing. £3.00</p> <p>11.00 – 12.00 Winter Crafts with a Two Course Warming Lunch. FREE</p> <p>7.00 – 8.00 Sweaty Mamas Bootcamp Session.</p> | <p>28th</p> <p>10.00 – 11.00 Kurling and Boccia Sport Activities. £3.00</p> <p>11.00 – 12.00 Two Course Warming Lunch Home Delivery FREE</p> <p>2.00 – 3.00 Mediation and Relaxation Therapy. £3.00</p> <p>4.30 – 6.30 Together Tribe Youth Club. £4.00</p> | <p>29th</p> <p>10.00 – 12.00 Children's Minibeast Wellbeing Session FREE</p> | <p>30th</p> <p>9.30 – 11.30 Craft Market / Tabletop Sale. FREE (£5.00 for Stall Holders)</p> <p>4.30 – 5.15 Children's Hula Hoop Class. £5.00</p> |

We are now also very excited for the doors to be open to our 'Together Cafe' right in the heart of Dukinfield, welcoming you with deliciously home cooked food containing fresh ingredients from our very own Together Allotments. You can enjoy our special dish of the day or if you fancy that little something lighter - A Jacket, Deli Sandwich, or Fresh Salad! Just ask and we can accommodate to your dietary needs. It's been a difficult 18 months however the menu is outstanding, and our food hall looks just beautiful - Open from 9.30 - 1.00pm!

If you or someone you know would like to find out more about any of our Workshops/Events or to book your place, please contact us on telephone number 0161 366 1987 or by email to Leanne.bold@thetogethercentre.org.uk.

Booking is required, and Together Centre Members receive a 15% Discount - Annual Membership is £10.00 per year. Please contact Leanne to begin your Membership.

You can find us on Facebook: @TheTogetherCentre or via our webpage: www.thetogethercentre.org.uk

Are you looking for the perfect Venue to hold you Party, Celebration or Community Event? Hire our new refurbished hall and/or additional Rooms - £15.00 P/H

The Together Centre, 287 Birch Lane, Dukinfield SK16 5AU



Charity Number – 1173335