**Help for households in the most need with food, energy and water and essential items this winter**

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| **Group / Organisation** | **What help is available?** | **Who can get the help?** | **How to get the help?** |
| **Ancora Project** | Support with food, Support with energy or water bills / costs, Support with warm clothing and shoes, Support with household furniture and white goods, Support with household essential items (eg, bedding, towels, toiletries etc), Support with non-energy related household bills (phone credit/data etc) | Those in crisis needing emergency help including people with no recourse to public funds | Tel: 0161 669 4848  Email [ancora@keyring.org](mailto:ancora@keyring.org) |
| **Age UK Oldham** | Support with food, Support with warm clothing and shoes, Support with household furniture and white goods, Support with household essential items (eg, bedding, towels, toiletries etc) | Older people (50+) in crisis needing emergency help | Tel: 0161 622 9333 / 0161 622 9309  Email: [info@ageukoldham.org.uk](mailto:info@ageukoldham.org.uk) |
| **Support and Action for Women (SAWN)** | Support with furniture packs, ethnic food parcels, utility top-ups, travel passes, phone and broadband data top ups and vouchers. | Those in crisis needing emergency help including people with no recourse to public funds | Tel: 07960501088  Email: [sawn.org@gmail.com](mailto:sawn.org@gmail.com)  Practitioner referral: <https://sawn.org.uk/contact-us/> |
| **Reel (CIC)** | Support with warm clothing and shoes, support with household essential items (eg, bedding, towels, toiletries and baby items etc) | Those in crisis needing emergency help including people with no recourse to public funds | Reel Rack Tel: 07933598973  [Email: rack@reelcic.co.uk](mailto:Email:%20rack@reelcic.co.uk) |
| **Unity School Support for African Families (USSAF)** | Support with ethnic food and winter clothing for children | Those in crisis needing emergency help including people with no recourse to public funds | Tel: 07578543629 |
| **Bethel Pentecostal Church Manchester** | Support with food, Support with warm clothing and shoes, Support with household essential items (eg, bedding, towels, toiletries etc) | Those in crisis needing emergency help including people with no recourse to public funds | Tel: 07404578659  Email: [info@bethelpentecostalchurch.org](mailto:info@bethelpentecostalchurch.org) |
| **RCCG - The All Sufficient Sanctuary** | Support with food, Support with warm clothing and shoes, Support with household essential items (eg, bedding, towels, toiletries etc) | Those in crisis needing emergency help including people with no recourse to public funds | Tel: 07853 177189 |
| **Umoja Foundation Trust** | Support with cultural emergency food, Support with energy or water bills / costs, Support with warm clothing and shoes, Support with household essential items (eg, bedding, towels, toiletries etc) | Those in crisis needing emergency help including people with no recourse to public funds | Tel: 07464007496  Email:info@umojafoundationtrust.org.uk |
| **Positive Steps** | Support for families, young people and adults with utility costs, mobile phones and phone credit. We can support with emergency food cost for those people in crisis. In addition we can support with furniture and items such as bedding, household goods and clothes, We can provide items such as sterilisers, bottles and clothes for those families in crisis with young children . | Those in crisis needing emergency help including people with no recourse to public funds | Drop in Monday-Friday 9-5 to Medtia place to access crisis support.  Tel: 0161 621 9400  Email: [servicesupport@positive-steps.org.uk](mailto:servicesupport@positive-steps.org.uk) |
| **Citizens Advice SORT group** | Support with food, Support with energy or water bills / costs, Support with non-energy related household bills (phone credit/data etc) | Those in crisis needing emergency help including people with no recourse to public funds | Adviceline: 0808 278 7803 (Free phone) Citizens Advice Out of Hours Advice Service (6pm-9pm) 7 days a week 0161 850 5053 |
| **UKEFF** | Support with food, Support with energy or water bills / costs, Support with warm clothing and shoes, Support with school uniforms, Support with household furniture and white goods, Support with household essential items (eg, bedding, towels, toiletries etc) | Those in crisis needing emergency help including people with no recourse to public funds | Tel: 0161 660 6818  Email: [enquiries@ukeff.org](mailto:enquiries@ukeff.org)  Practitioner referrals - <https://www.ukeff.org/referrals/> |