

In applying to our Connect 5 training programme you are agreeing to the terms of becoming a trainer and are also committing to develop your trainer skills to excel as a Greater Manchester Community Trainer.

You are:

- able to give the time commitment to the training & delivery of connect 5 courses
- able to cascade the training to others within your service, locality or community
- able to deliver training objectives through a set programme
- experienced in facilitating learning, training, presenting or teaching

You have:

- experience of working on the front line with people in need
- an understanding of mental health and wellbeing issues
- an understanding of the principles of behaviour change, brief advice and brief interventions
- relevant IT skills for training delivery

You will:

- complete all components of the train the trainer programme
- be ready to deliver connect 5 by Summer 2022
- use the MeLearning platform for course bookings
- attend Big Life post training support and networking opportunities
- be part of the local peer support network for your area

If you meet the above requirements and would like to register for our next train the trainer cohort. Please click the link below:

[CLICKABLE LINK FOR BOOKING FORM](#)

Remaining Cohorts

Monday to Friday 9am-4pm at:

TOG Mind 216 - 218 Katherine Street OL67AS

February 2022 - week commencing 21st

February 2022 - week commencing 28th

March 2022 - week commencing 21st

